

THE WILL TO FIGHT AND WIN

OUR PROGRAM

Chimney Trail Health's Waypoint Kit program delivers Cognitive Behavioral training through a kick-off seminar followed by the delivery of four activities shipped bimonthly for the following six months. **Each kit includes practical tools and hands-on activities** to build lasting skills for mission readiness and iron WARRIOR ETHOS.



1. PROVEN TOOLS



2. SERIALIZED TRAINING



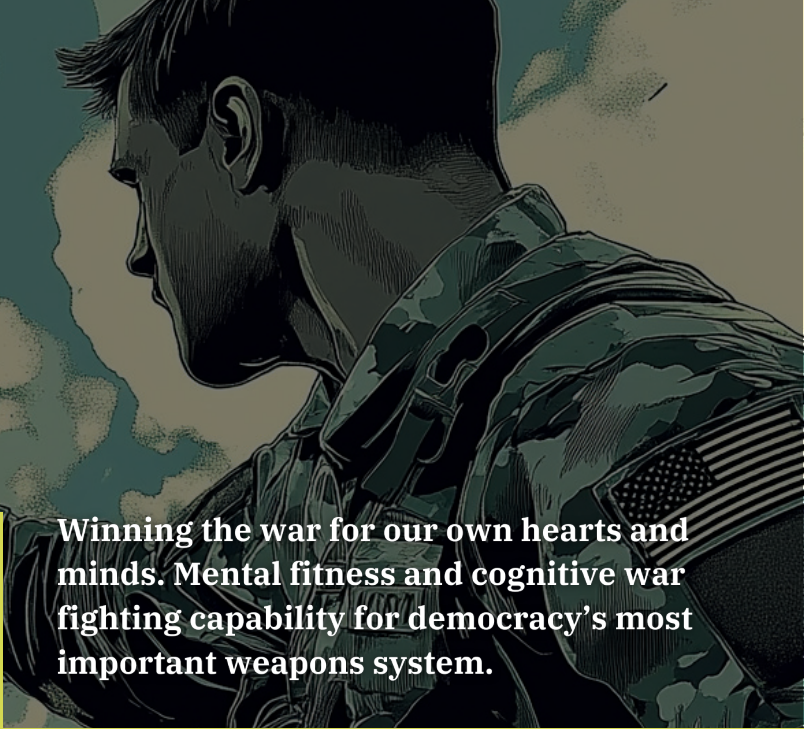
3. PREVENTION-FOCUSED



4. GENERALIZABLE



5. SOMETHING REAL



Winning the war for our own hearts and minds. Mental fitness and cognitive war fighting capability for democracy's most important weapons system.

FORGE THE AMERICAN WARRIOR ETHOS TOGETHER.

Military service members face hard realities. Suicide rates remain stubbornly high. **Depression** (23%), **anxiety** (15.4%), and **substance abuse disorder** (11%) are widespread. Traditional training is viewed as ineffective. **38% of military service members avoid care** due to stigma and career concerns. Our forces require accessible, engaging, and proven mental health solutions tailored to the realities of military life and structured to support the war-fighting spirit.

THE RIGHT STUFF - CHIMNEY TRAIL BRINGS THE RIGHT:

EXPERTS

SCIENCE

MODALITY



Scan
For More
Information



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CHIMNEY TRAIL HEALTH

WWW.CHIMNEYTRAILHEALTH.COM



WHAT YOU GET



Chimney Trail Health hosts a seminar for military members on prospect theory and cognitive behavioral theory, designed by experts. The seminar focuses on enhancing resilience, preventing crises, and improving performance.



Participants receive four Waypoint Kits over six months post-seminar to reinforce learning and support behavior change. Kits use bibliotherapy, kinesthetic learning, and quality gear to forge warrior ethos.

WHO WE SERVE

Of course we do business with elite professional teams and Fortune 500 corporations but, we EXIST to serve our U.S. Armed Forces. From your first day of boot camp to your VA-sponsored transition to civilian life, we're with you no matter where in the world you find yourself deployed.

“

I got more out of this training than I have gotten out of four years of therapy.

**Cadet 1/c
Air Force ROTC**

EIN: 83-1203435

UEI: YEABYLXG9A35

CAGE Code: 9CN06





**CHIMNEY TRAIL
HEALTH**

HOW TO GET STARTED NOW

1.

CONTACT CHIMNEY TRAIL

Contact Chimney Trail at:
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matthew@chimneytrail.com
garrett@chimneytrail.com

2.

CUSTOMIZE & PURCHASE

Skip the red tape. MIPR to Chimney Trail's existing contract vehicle or use GPCC. Contact Chimney Trail for details.

3.

SCHEDULE KICK OFF

Hard schedule a kick-off seminar with the CTH business office team.



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WHEN THE ONLY WAY IS THROUGH



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HEALTH**

